

## **Open Water National Championships Nearby**

Oregon LMSC is host to a week of USMS national OW championships this July. A great opportunity to combine travel around the Beaver State with some great swims.

- July 8: Ultramarathon (10+ mile) Open Water Nationals – Portland Bridge Swim, Portland, OR
- July 12: 2-mile Cable Open Water Nationals – Foster Lake Cable Swims, Sweet Home, OR
- July 14: Marathon (6-10 mile) Open Water Nationals – Applegate Lake, Ruch/Jacksonville, OR

## **Dual-sanctioned Pool Meets with USA Swimming clubs in Inland Empire**

### **May 19-20: Fazzari's Open – Lewiston, ID @ Orchards Pool**

The long course meters season begins in Lewiston. This is a friendly, fun and close meet to learn (or remember) how to swim without a ceiling and half the walls.

Deadline May 7<sup>th</sup>: Paper entry only. Print and sign the USMS liability waiver at the end of the Meet Information file, list your events and entry times, and send a check for the amount due.

### **June 22-24: Summer Solstice – Spokane, WA @ Witter Pool in Mission Park**

Kick off your summer with this meet in Spokane.

Deadline June 13<sup>th</sup>: Online entry – coming soon

### **June 23-24: Sweet Onion – Walla Walla, WA @ Veteran's Memorial Pool**

A great destination for combining swims with a variety of wine tasting opportunities. Please note the information in the "Pool Course."

Deadline June 13<sup>th</sup>: Online entry – coming soon

### **July 6-8: Starlight Open – Wenatchee, WA @ City Pool**

Deadline June 20<sup>th</sup>: Online entry – coming soon

## **International Competitions**

2018 PanAmerican Masters Championships – Orlando, FL – July 28 – August 5

All aquatic disciplines will compete here, including open water, over the 9-day schedule. Enjoy the pomp and circumstance of an international meet without needing a visa. No qualifying times needed so all are welcome to enter! Visit <http://www.2018panammasters.com/swimming.html> for more info on the swim competition schedule.

2019 FINA World Championships & Masters Championships – Gwangju, S. Korea

Visit [http://www.fina-gwangju2019.com/resources/site/SITE\\_00001/html/master.html](http://www.fina-gwangju2019.com/resources/site/SITE_00001/html/master.html) for more info.