2018 Starlight Open July 6 th – 8 th

Held under the sanction of USA Swimming and Inland Empire Swimming, Inc.
Sanction # IE 18-1361 and and sanctioned by Inland Northwest Masters Swimming Committee for USMS, Inc. Sanction #358-S005

In granting this sanction it is understood and agreed that USA Swimming (USAS) and Inland Empire Swimming (IES) shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Use of audio visual recording devices including a cell phone camera is not allowed in the changing areas, rest rooms, locker rooms or behind the starting blocks. Deck Changing is prohibited: Changing into or out of swimsuits other than in the facility locker rooms, or other designated area designated by the host facility, is not appropriate, and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Host: Velocity Swimming, P.O. Box 2791, Wenatchee, WA 98807

Location: Wenatchee City Pool, Pioneer Park, 210 Fuller St., Wenatchee, Washington, (509) 664-3397

Format: Timed finals, split age group open. Swimmers will compete for points and ribbons. Ribbons and/or points

will be awarded by age group and gender: 8 & under, 9-10, 11-12, 13-14, and 15 & over.

Course: Outdoor, 10 lane 50 meter pool with anti-wave lane lines. The pool is equipped with the Colorado Timing

System with touch pads at both ends. Starting blocks meet USA Swimming height and water depth requirements at start end. The competition course has not been certified in accordance with 104.2.2C(4). The length of the competition course without a bulkhead is in compliance and on file with U.S. Masters Swimming in accordance with USMS articles 105.1.7 and 107.2.1. Swimmers will use in-water starts at turn end for 200 meter relays. The start end of the pool depth ranges from 5'6 to 9', the turn end ranges in depth from 3'6" to 4'6". The warm-up pool is attached to the main pool and is available during the meet. Deck

marshals will be present during warm-ups.

Rules: Current United States Swimming rules will govern the dual-sanctioned meet as a Combined Meet.

The rules and procedures of IES also apply. The whistle start protocol and the no recall rule will be in effect. There is positive check-in for the 800 free events. Positive check in for these events closes 1 hour before scheduled start time. IES scratch rules will be in effect for these deck-seeded events. Any protests or questions concerning the outcome of an event shall be directed in writing to the Meet Referee by the team coach. The Meet Referee will be the final authority for the conduct of the competition. Coaches that have an athlete with a disability that requires accommodations to the starting procedure must notify the referee prior to the athlete's swim. Coaches must be 2018 members of USA Swimming or Swimming/Natation Canada (SNC). All SNC coaches must complete and submit the USA Swimming liability form prior to the start of warm-ups. Coaches must display current and valid credentials at all times during the meet. Only swimmers, coaches, officials and meet workers are permitted in the deck area. The deck area is considered to be a 3-foot area from the edge of the pool and the area behind the start platforms up to the timer chairs. There will be no swimming in the dive tank except for swimmers to warm-up prior to their events and cool down immediately thereafter. This meet may be covered by media showing swimmers participating in this meet. Entry into this meet is acknowledgement of this fact.

Tobacco products of any kind, alcoholic beverages, glass containers, squirt guns, water ballons, and sports balls are not allowed on deck.

Umbrellas, tarps, and canopies for swimmers will not be allowed on the pool deck, but will be allowed in the adjacent park during the meet. The sprinklers may be on each night so personal items should be picked up each night or they may get wet. There is no overnight camping in the park. Please bring a sun hat and sunscreen for your own protection.

Velocity Swimming follows the guidelines for lightning events as set forth by the facility standard or the American Red Cross. The governing rule will be whichever guideline is the most stringent. Questions about this may be addressed to the meet referee.

Awards:

- -All combined 11 & Over, 13 & Over, and all mixed individual events will be scored and ribbons awarded separately by gender and age group for places 1-10.
- -A prize will be provided to the winner of each Heat.
- -Individual High point awards will be given to the Girl and Boy in each age group. High point calculations will be based on swimmers' age groups, not event age groups, so points earned in combined events will be added into the calculation for each swimmer.
- -Team High Point Awards for First through Third place will be awarded.
- -USMS swimmers will be scored as a separate division and ribbons for 1st through 3rd place will be available upon request from the office.
- -Teams are requested to appoint one adult to pick up awards at the end of the meet. Awards will not be mailed.

Eligibility: Open to 2018 registered USA Swimming athletes, Swim/Natation Canada (SNC) athletes, and U.S. Masters Swimming members. All SNC swimmers must complete and submit the liability waiver prior to the start of warm-ups. Age Determining Date: For USA Swimming swimmers, age on the first day of the meet shall govern the full meet; for U.S. Masters Swimming members, the age group shall be determined by the swimmer's age as of Dec. 31, 2018 for long-course meters. Each swimmer must swim in his/her respective age group. USA Swimming and SNC swimmers entered in the meet must be certified by a USA Swimming or SNC member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach then it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Athletes with a disability are welcome and are asked to provide advance notice of necessary accommodations.

Entries:

All swimmers may enter three (3) individual events and two (2) relays on Friday. All swimmers may enter six (6) individual events and one (1) relay both Saturday & Sunday. Enter swimmers' best meter times or converted yard time. The priority system will be in effect. Entries will be limited to include all teams up to and including the team that has the 500th swimmer entered. Once the meet has been seeded, swimmers that are already registered in the meet may request to deck enter additional events (up to the corresponding daily limit), pending availability of empty lanes, and at the discretion of the referee, with payment of \$3 per event due upon approval. There will be no deck registrations. The 800 Free events will be swum fastest to slowest, and may be limited to the fastest 5 heats. The 400 IM events may be limited to the fastest 4 heats. Swimmers in the 800 Free must supply their own Counter and Timers. Swimmers not providing their own timers will swim without the protection of manual time backup. Age groups and genders may be combined for competition but scored separately at the discretion of the Meet Referee.

DECK ENTRY: Only pre-registered swimmers who have not entered the maximum number of events as stated above may deck enter additional events. Deck entries will only be allowed in open lanes at the discretion of the Meet Referee. Deck entry swims are not eligible for any awards or team points. No deck registration will be permitted.

Relays:

Teams are limited to four (4) relay entries per relay event. If the Meet Entry Chair determines that the meet is oversubscribed, the 4th entry may be deleted. Only the two (2) fastest relay finishers per team are awarded points and ribbons. The "48 year" relays must be comprised of any combination of ages equaling 48 years or less and will not be scored.

At the conclusion of the Saturday morning session we will be holding our COACHES relay. Teams are encouraged to get their coaches together and submit entries. The relay will not be scored.

TIME TRIALS: Time trials will be offered on a limited basis. Time Trial entry requests are due by 10 am, Saturday. Time Trial swimmers must already be entered in swim meet in order to participate in Time Trials and pay a \$5.00 fee for each Time Trial entered. Time Trial swims will count towards the maximum swims allowed per day. Coaches requesting a Time Trial for swimmer that is already entered into the maximum number of events, must scratch that swimmer from an already entered event that day. Meet entry fees for events that are scratched in order to participate in Time Trials will not be refunded. The Meet Referee has the final decision on how many heats of Time Trials will be offered. The Meet Referee may also combine strokes of the same distance within the same heat. Time Trial requests must come from team coaches. Payment must be made at the time of entry.

The USAS SWIMS database requires that ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USAS database. If you know of any swimmer data that is NOT correct in the meet database please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USAS within 3 days of the meet and your assistance and cooperation in ensuring accuracy will assist us in the timely posting of the swimmers achieved times.

Thanks for your cooperation.

Submissions: USA Swimming and SNC teams must submit Entries using Team Manager "Hy-Tek" Software via

Please include a hard copy of "Meet Entry Report" as a back-up.

Entries must include current (2018) USA Swimming or SNC registration numbers.

U.S. Masters Swimming entries – online only: www.inlandnwmasters.org

IES Teams Priority entry deadline is Wednesday, June 13, 2018. Final Entries deadline is **Wednesday**, **June 20**, **2018**.

Entries may be submitted via email to david cutter@yahoo.com Phone and late entries will not be accepted.

Please send the following 4 attachments via email (preferred):

- Commlink entry file from Team Manager
 Print file of team individual entries
- 3. Print file of team relay entries
- 4. Print file of meet fees due.

Payment and hard copies must be received by the above deadline for entries to be considered official.

*Velocity Swimming respectfully requests that visiting teams supply help with timing in order to ensure that the meet runs without interruption.

Entry Fees:

Entry fees are Three Dollars (\$3.00) for each individual event and Twelve Dollars (\$12.00) for each relay event, plus a Fourteen Dollar (\$14.00) IES surcharge and a Three Dollar (\$3.00) facility surcharge per swimmer.

USMS fees: \$35 entry fee- payment collected with online entry

There will be no refunds.

Fees & surcharges for each team must be paid with one check and accompany entries. Please make the check payable to **Velocity Swimming** and address to:

Velocity Swimming C/O David Cutter 1552 Holly Lane East Wenatchee, WA 98802

*** Please Waive requirement for signature ***

Entries submitted on the IES Master Entry Form will be accepted for individual/family entries only from USA Swimming entries. The form can be found on the FORMS page of the IE website, www.ieswim.org

Schedule: Friday: 1:00 PM – 1:45 PM open warm-up.

Session One 2:00 PM – Events Begin.

Saturday: 8:00 AM - 8:45 AM age 12 & under warm-up.

Session Two 9:00 AM - events begin.

Session Three 45-minute open warm-up begins at the conclusion of session 2.

Events begin 5 minutes after the conclusion of this warm-up.

Sunday: 8:00 AM - 8:45 AM age 12 & under warm-up.

Session Four 9:00 AM - events begin.

Positive Check in for the 11-12 800 free ends 1 HR prior to scheduled

start time.

Session Five 45-minute open warm-up up begins at the conclusion of session 4.

Events begin 5 minutes after the conclusion of this warm-up

Positive Check in for the 13&over 800 free ends 1 HR prior to scheduled

start time.

Warm-up: Lane assignments for warm-ups will be posted. USMS and MSC will be assigned a lane for warm-up.

for Session One, Three and Five. Diving is permitted in designated sprint lanes and only under the direct supervision of a coach. Swimmers participating in the meet without an USA Swimming registered

coach must report to the meet referee at the start of each warm-up session.

Meetings: Friday Coaches meeting at 12:30 PM

Officials meeting at 1:15 PM

Saturday & Sunday Coaches meeting 7:30 AM

Officials meeting 8:15 AM

Meet Administration:

Meet Referee: Genie Lutz Starter: Mark Marquis

Stroke & Turn: Martin Davy, Larry Dressel, Zoe Hedges, and Julie Broxson Meet Director: Jeff Sutton boardpresident@velocity-swimming.com

Dave Cutter david_cutter@yahoo.com Meet Entry Chair:

Administrative Official: Dave Cutter

> We welcome and need the assistance of visiting USAS Officials. Please bring current certification and USAS registration cards.

General:

The Meet Referee shall be the final authority for the conduct of the competition. The length of the break between Sessions may be varied at the Meet Referee & Coaches discretion. The Meet Referee may schedule 10 minute breaks during the competition at his or her discretion. Fly-over starts may be used for all age groups. All events will be timed finals. Hospitality area and lunch will be provided for team Coaches and visiting Officials. Absolutely no animals on deck or in locker room at any time. Handicap parking and access is available in front of pool near main entrance.

Concessions: VELOCITY SWIMMING's concessionaire will be serving dinner Friday & Saturday nights with

breakfast and lunch on Saturday & Sunday.

Vendor: Swim2000 and Northwest Designs

Posted to Meet Mobile, Meet Bop and backside of Lockeroom Facility Results:

Hotels: Red Lion Hotel, (509) 663-0711, Wenatchee

> Cedars Inn, (509) 886-8000, East Wenatchee Best Western, (509) 665-8585, Wenatchee Travelodge, (509) 662-8165, Wenatchee Value Inn, (509) 663-8115, Wenatchee Comfort Inn, (509) 662-1700, Wenatchee Super 8 Motel, (509) 662-3443, Wenatchee Inn at the River, (509) 888-7378, East Wenatchee The Avenue Motel, (509) 663-7161, Wenatchee Economy Inn, (509) 663-8133, Wenatchee

Best Western Icicle Inn. (509) 548-7000. Leavenworth Quality Inn, (509) 548-7992 / (800) 693-1225, Leavenworth

Howard Johnsons, (509) 548-4326, Leavenworth Linderhof Motor Inn. 800-828-5680. Leavenworth Obertal Motor Inn. 800-537-9382. Leavenworth Leavenworth Village Inn, (509) 548-6620, Leavenworth

Westcoast Wenatchee Center Hotel, (509) 662-1234, Wenatchee

Village Inn Motel, (509) 782-3522, Cashmere Comfort Suites, (509) 662-1818, Wenatchee

Marriott Springhill Suites, (509) 667-2775, Wenatchee

Motel 6, (509) 663-8167, Wenatchee

IMPORTANT NOTE:

there will be NO CAMPING possible in Pioneer Park, as we have had in previous years

Pool Directions: From Hwy 2, travel south on Wenatchee Avenue.

Turn right at intersection with Miller Street.

Travel south on Miller to Russell (Pioneer Middle School is on the left).

Turn left on Russell - one block to Fuller – pool is on the left.

From Hwy 28 (East Wenatchee) cross Columbia River Bridge, turn right on Mission St.

then immediate left on Ferry St. Follow Ferry St. (turns into Russell).

Pool will be on the right on Fuller Street.

2018 Starlight Open

	Fee Computa	ation Form	
Number of Individual Events:	x \$3.00	= \$	
Number of Relay Events:	x \$12.00	= \$	
IES Surcharge per Swimmer:	x \$14.00	= \$	
Facility Surcharge per Swimmer:	x \$3.00	= \$	
Total amount due:		\$	
NOTE: Please make one check pa	ayable to Velocity Swim	nming	
Name of Team:			-
Submitted by:			
Date:	_		
Address:			
Telephone:	_Day	Evening	
E-mail:(important)			

Mail Entries To: Velocity Swimming

David Cutter 1552 Holly LN

East Wenatchee, WA 98802

*** Please Waive requirement for signature ***

Entry Submission must include:

- 1. Commlink entry file from Team Manager
- 2. Print file of team individual entries
- 3. Print file of team relay entries
- 4. Print file of meet fees due.

Please include a hard copy of "Meet Entry Report" as a back-up.

Entries must include current (2018) USA Swimming or SNC registration numbers.

IES Teams Priority deadline is <u>Wed., June 13, 2018.</u> (Note: requirement for Priority in Submissions section) Final Entries deadline is <u>Wednesday</u>, <u>June 20, 2018</u>.

Entries may be submitted via email to david_cutter@yahoo.com

Phone and late entries will not be accepted.

Payment & printout hard copies must be received by deadline for entries to be considered official.

Entries submitted on the IES Master Entry Form will be accepted for individual/family entries only. The form can be found on the FORMS page of the IE website, www.ieswim.org

U.S. Masters Swimming entries and fees must be made online only at www.inlandnwmasters.org

Session: 1 Friday Afternoon

- 1 Girls 13-14 400 IM
- 2 Boys 13-14 400 IM
- 3 Women15 & Over 400 IM
- 4 Men 15 & Over 400 IM
- 5 Girls 11-12 400 Medley Relay
- 6 Boys 11-12 400 Medley Relay
- 7 Girls 13-14 400 Medley Relay
- 8 Boys 13-14 400 Medley Relay
- 9 Girls 15 & Over 400 Medley Relay
- 10 Boys 15 & Over 400 Medley Relay
- 11 Girls 8 & Under 100 Freestyle
- 12 Boys 8 & Under 100 Freestyle
- 13 Girls 9-10 100 Freestyle
- 14 Boys 9-10 100 Freestyle
- 15 Girls 11-12 100 Freestyle
- 16 Boys 11-12 100 Freestyle
- 17 Girls 13-14 100 Freestyle
- 18 Boys 13-14 100 Freestyle
- 19 Girls 15 & Over 100 Freestyle
- 20 Boys 15 & Over 100 Freestyle
- 21 Mixed 11-12 400 Freestyle
- 22 Girls 10 & Under 200 IM
- 23 Boys 10 & Under 200 IM
- 24 Girls 11-12 200 IM
- 25 Boys 11-12 200 IM
- 26 Girls 48 & Under 200 Freestyle Relay
- 27 Boys 48 & Under 200 Freestyle Relay

Session: 2 Saturday Morning

- 28 Girls 11-12 200 Backstroke
- 29 Boys 11-12 200 Backstroke
- 30 Girls 10 & Under 200 Freestyle
- 31 Boys 10 & Under 200 Freestyle
- 32 Girls 11-12 200 Freestyle
- 33 Boys 11-12 200 Freestyle
- 34 Girls 8 & Under 200 Freestyle Relay
- 35 Boys 8 & Under 200 Freestyle Relay
- 36 Girls 9-10 200 Freestyle Relay
- 37 Boys 9-10 200 Freestyle Relay
- 38 Girls 11-12 400 Freestyle Relay
- 39 Boys 11-12 400 Freestyle Relay
- 40 Girls 10 & Under 100 Breaststroke
- 41 Boys 10 & Under 100 Breaststroke
- 42 Girls 11-12 100 Breaststroke
- 43 Boys 11-12 100 Breaststroke Break: 5 Minutes:
- 44 Girls 8 & Under 50 Backstroke
- 45 Boys 8 & Under 50 Backstroke
- 46 Girls 9-10 50 Backstroke
- 47 Boys 9-10 50 Backstroke
- 48 Girls 11-12 50 Backstroke
- 49 Boys 11-12 50 Backstroke
- 50 Girls 8 & Under 50 Butterfly
- 51 Boys 8 & Under 50 Butterfly
- 52 Girls 9-10 50 Butterfly
- 53 Boys 9-10 50 Butterfly
- 54 Girls 11-12 50 Butterfly
- 55 Boys 11-12 50 Butterfly
 - Break: 5 Minutes:
- 56 Mixed 200 Medley Coaches Relay

Session: 3 Saturday Afternoon

- 57 Girls 13-14 400 Freestyle Relay
- 58 Boys 13-14 400 Freestyle Relay
- 59 Girls 15 & Over 400 Freestyle Relay
- 60 Boys 15 & Over 400 Freestyle Relay
- 61 Girls 13-14 200 Backstroke
- 62 Boys 13-14 200 Backstroke
- 63 Girls 15 & Over 200 Backstroke
- 64 Boys 15 & Over 200 Backstroke
- 65 Girls 13-14 400 Freestyle
- 66 Boys 13-14 400 Freestyle
- 67 Girls 15 & Over 400 Freestyle
- 68 Boys 15 & Over 400 Freestyle
- 69 Girls 13-14 200 IM
- 70 Boys 13-14 200 IM
- 71 Girls 15 & Over 200 IM
- 72 Boys 15 & Over 200 IM
- 73 Girls 13-14 100 Butterfly
- 74 Boys 13-14 100 Butterfly
- 75 Girls 15 & Over 100 Butterfly
- 76 Boys 15 & Over 100 Butterfly
- 77 Girls 13-14 100 Breaststroke
- 78 Boys 13-14 100 Breaststroke
- 79 Girls 15 & Over 100 Breaststroke
- 80 Boys 15 & Over 100 Breaststroke

Session: 4 Sunday Morning

- 81 Girls 11-12 400 IM
- 82 Boys 11-12 400 IM
- 83 Girls 8 & Under 200 Medley Relay
- 84 Boys 8 & Under 200 Medley Relay
- 85 Girls 11-12 200 Medley Relay
- 86 Boys 11-12 200 Medley Relay
- 87 Girls 9-10 200 Medley Relay
- 88 Boys 9-10 200 Medley Relay
- 89 Girls 11-12 200 Butterfly
- 90 Boys 11-12 200 Butterfly
- 91 Girls 10 & Under 100 Backstroke
- 92 Boys 10 & Under 100 Backstroke
- 93 Girls 11-12 100 Backstroke
- 94 Boys 11-12 100 Backstroke
- 95 Girls 10 & Under 100 Butterfly
- 96 Boys 10 & Under 100 Butterfly
- 97 Girls 11-12 100 Butterfly
- 98 Boys 11-12 100 Butterfly
- 99 Girls 11-12 200 Breaststroke
- 100 Boys 11-12 200 Breaststroke Break: 5 Minutes:
- 101 Girls 8 & Under 50 Breaststroke
- 102 Boys 8 & Under 50 Breaststroke
- 103 Girls 9-10 50 Breaststroke
- 104 Boys 9-10 50 Breaststroke
- 105 Girls 11-12 50 Breaststroke
- 106 Boys 11-12 50 Breaststroke
- 107 Girls 8 & Under 50 Freestyle
- 108 Boys 8 & Under 50 Freestyle
- 109 Girls 9-10 50 Freestyle
- 110 Boys 9-10 50 Freestyle
- 111 Girls 11-12 50 Freestyle
- 112 Boys 11-12 50 Freestyle
 - Break: 5 Minutes:
- 113 Mixed 11-12 800 Freestyle

Session: 5 Sunday Afternoon

- 114 Girls 13-14 200 Medley Relay
- 115 Boys 13-14 200 Medley Relay
- 116 Girls 15 & Over 200 Medley Relay
- 117 Boys 15 & Over 200 Medley Relay
- 118 Girls 13-14 200 Freestyle
- 119 Boys 13-14 200 Freestyle
- 120 Girls 15 & Over 200 Freestyle
- 121 Boys 15 & Over 200 Freestyle
- 122 Girls 13-14 100 Backstroke
- 123 Boys 13-14 100 Backstroke
- 124 Girls 15 & Over 100 Backstroke
- 125 Boys 15 & Over 100 Backstroke
- 126 Girls 13-14 200 Breaststroke
- 127 Boys 13-14 200 Breaststroke
- 128 Girls 15 & Over 200 Breaststroke
- 129 Boys 15 & Over 200 Breaststroke Break: 5 Minutes:
- 130 Girls 13-14 50 Freestyle
- 131 Boys 13-14 50 Freestyle
- 132 Girls 15 & Over 50 Freestyle
- Break: 5 Minutes:
- 134 Girls 13-14 200 Butterfly
- 135 Boys 13-14 200 Butterfly
- 136 Girls 15 & Over 200 Butterfly
- Boys 15 & Over 200 Butterfly Break: 5 Minutes:
 - Mixed 13 & Over 800 Freestyle