

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Women 18-24 50 Yard Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Osterberg, Lena	20	Wsu Swim Club-58	30.99	28.96	6

**Women 18-24 100 Yard Freestyle**

1 Norman, Sarah L	21	Wsu Swim Club-58	1:01.98	1:01.90	6
			29.62	32.28	

**Women 18-24 500 Yard Freestyle**

1 Utter, Hannah	21	Wsu Swim Club-58	6:33.99	6:33.01	6
			34.06	38.83	39.38
			39.84	39.22	40.25
			40.62	39.88	40.63
			40.30		

**Women 18-24 50 Yard Backstroke**

1 Osterberg, Lena	20	Wsu Swim Club-58	32.99	33.04	6
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**Women 18-24 50 Yard Breaststroke**

1 Kirby, Constance	19	Wsu Swim Club-58	36.66	37.08	6
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**Women 18-24 100 Yard Breaststroke**

1 Kirby, Constance	19	Wsu Swim Club-58	1:20.78	1:20.76	6
			38.24	42.52	

**Women 18-24 50 Yard Butterfly**

1 Norman, Sarah L	21	Wsu Swim Club-58	32.18	29.68	6
2 Osterberg, Lena	20	Wsu Swim Club-58	32.99	31.02	4

**Women 18-24 100 Yard IM**

1 Norman, Sarah L	21	Wsu Swim Club-58	1:10.92	1:10.94	6
			30.86	40.08	
2 Kirby, Constance	19	Wsu Swim Club-58	1:15.99	1:12.73	4
			34.98	37.75	

**Women 18-24 200 Yard IM**

1 Utter, Hannah	21	Wsu Swim Club-58	2:39.99	2:40.64	6
			33.56	41.34	47.09
			38.65		

**Women 18-24 400 Yard IM**

1 Utter, Hannah	21	Wsu Swim Club-58	NT	5:35.42	6
			34.77	41.31	42.29
			43.70	47.72	48.04
			38.76	38.83	

**Women 25-29 100 Yard Freestyle**

1 Lawrence, Lana	26	Kroc Masters-35	1:00.01	59.64	6
			28.46	31.18	

**Women 25-29 100 Yard Backstroke**

1 Lawrence, Lana	26	Kroc Masters-35	1:07.14	1:03.84	6
			31.28	32.56	

**Women 25-29 200 Yard Backstroke**

1 Lawrence, Lana	26	Kroc Masters-35	2:42.21	2:18.38	6
			33.09	34.58	35.49
			35.22		
2 Sharpe, Anna	27	Kroc Masters-35	2:23.52	2:35.35	4
			36.35	39.48	40.02
			39.50		

**Women 25-29 50 Yard Breaststroke**

1 Sharpe, Anna	27	Kroc Masters-35	32.01	32.79	6
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**Inland NW LMSC SCY Championships - 4/6/2019****Results****Women 25-29 100 Yard Breaststroke**

1	Sharpe, Anna	27	Kroc Masters-35	1:08.19	1:09.61	6
	33.14 36.47					

**Women 25-29 200 Yard Breaststroke**

1	Sharpe, Anna	27	Kroc Masters-35	2:30.34	2:31.95	6
	33.98 38.40 40.79 38.78					

**Women 25-29 50 Yard Butterfly**

1	Jenkins, Kathrine	29	Moscow Chinooks Masters Swimmi	30.00	28.20	6
2	Sharpe, Anna	27	Kroc Masters-35	30.90	31.34	4

**Women 25-29 100 Yard Butterfly**

1	Lawrence, Lana	26	Kroc Masters-35	1:07.14	1:05.94	6
	29.77 36.17					

**Women 25-29 200 Yard IM**

1	Sharpe, Anna	27	Kroc Masters-35	2:29.44	2:27.20	6
	32.71 38.45 39.82 36.22					

**Women 25-29 400 Yard IM**

1	Lawrence, Lana	26	Kroc Masters-35	5:30.00	5:24.90	6
	32.97 36.99 40.33 40.16 48.22 49.11 39.89 37.23					

**Women 30-34 200 Yard Freestyle**

1	Stanley, Jessica	32	Moscow Chinooks Masters Swimmi	2:55.00	2:31.21	6
	35.30 37.96 39.20 38.75					

**Women 30-34 50 Yard Butterfly**

1	Stanley, Jessica	32	Moscow Chinooks Masters Swimmi	50.00	35.87	6
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**Women 30-34 100 Yard IM**

1	Stanley, Jessica	32	Moscow Chinooks Masters Swimmi	1:45.00	1:21.58	6
	37.22 44.36					

**Women 35-39 50 Yard Backstroke**

1	Ruspakka, Shelly	36	Moscow Chinooks Masters Swimmi	31.50	31.40	6
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**Women 35-39 100 Yard Backstroke**

1	Ruspakka, Shelly	36	Moscow Chinooks Masters Swimmi	1:09.00	1:11.36	6
	34.90 36.46					

**Women 35-39 200 Yard IM**

1	Ruspakka, Shelly	36	Moscow Chinooks Masters Swimmi	2:35.00	2:40.30	6
	33.26 39.18 50.89 36.97					

**Women 40-44 50 Yard Freestyle**

1	Underwood, Sara J	42	Moscow Chinooks Masters Swimmi	NT	44.46	6
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**Women 40-44 50 Yard Backstroke**

1	Underwood, Sara J	42	Moscow Chinooks Masters Swimmi	NT	53.77	6
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**Women 45-49 1650 Yard Freestyle**

1	Pressley, Shelley	49	Moscow Chinooks Masters Swimmi	30:00.00	28:34.13	6
	45.88 50.25 51.75 51.46 51.49 51.37 51.25 51.63					
	51.19 51.33 52.69 52.27 50.91 51.93 51.92 51.27					
	51.61 51.87 51.83 52.54 52.93 52.15 52.36 53.02					
	53.27 53.39 53.66 53.27 53.59 53.79 52.95 52.84 50.47					

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Women 45-49 50 Yard Breaststroke**

1	Eriksson, Marie	49	Moscow Chinooks Masters Swimmi	41.00	41.02	6
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**Women 45-49 100 Yard IM**

1	Eriksson, Marie	49	Moscow Chinooks Masters Swimmi	1:20.00	1:21.76	6
	38.32	43.44				

**Women 50-54 200 Yard Freestyle**

1	Stauffer, Susan	51	Moscow Chinooks Masters Swimmi	3:20.00	2:57.89	6
	39.15	45.07	47.20	46.47		

**Women 50-54 50 Yard Backstroke**

1	Buehler, Paige	50	Moscow Chinooks Masters Swimmi	34.33	35.90	6
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**Women 50-54 100 Yard Backstroke**

1	Buehler, Paige	50	Moscow Chinooks Masters Swimmi	1:17.02	1:19.50	6
	36.77	42.73				

**Women 50-54 50 Yard Breaststroke**

1	Stauffer, Susan	51	Moscow Chinooks Masters Swimmi	50.00	46.30	6
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**Women 50-54 100 Yard Breaststroke**

1	Buehler, Paige	50	Moscow Chinooks Masters Swimmi	1:33.93	1:36.86	6
	46.00	50.86				
2	Stauffer, Susan	51	Moscow Chinooks Masters Swimmi	1:45.00	1:45.77	4
	48.98	56.79				

**Women 50-54 100 Yard Butterfly**

1	Buehler, Paige	50	Moscow Chinooks Masters Swimmi	1:19.30	1:27.08	6
	39.84	47.24				

**Women 50-54 100 Yard IM**

1	Buehler, Paige	50	Moscow Chinooks Masters Swimmi	1:18.05	1:19.13	6
	34.69	44.44				
2	Stauffer, Susan	51	Moscow Chinooks Masters Swimmi	1:45.00	1:36.39	4
	45.07	51.32				

**Women 55-59 50 Yard Freestyle**

1	Clutter, Cynthia	59	Mesa Aquatics Club-Masters-48	33.59	33.71	6
2	Mazur, Amy	56	Moscow Chinooks Masters Swimmi	34.87	37.87	4
3	Koster, Lauri	58	Moscow Chinooks Masters Swimmi	NT	42.66	3
---	Patterson, Aida	57	Kroc Masters-35	36.85	NS	

**Women 55-59 100 Yard Freestyle**

1	Mazur, Amy	56	Moscow Chinooks Masters Swimmi	1:16.70	1:24.21	6
	39.14	45.07				

**Women 55-59 200 Yard Freestyle**

1	Mazur, Amy	56	Moscow Chinooks Masters Swimmi	2:53.30	2:52.35	6
	39.05	43.12	45.33	44.85		

**Women 55-59 500 Yard Freestyle**

1	Mazur, Amy	56	Moscow Chinooks Masters Swimmi	7:38.25	7:35.58	6		
	38.49	43.65	46.51	46.96	46.42	47.06	47.43	47.21
	46.59	45.26						

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Women 55-59 1650 Yard Freestyle**

1 Mazur, Amy	56	Moscow Chinooks Masters Swimmi	24:06.45	25:40.88	6
40.45 45.28 46.89 46.88 47.22 47.19 47.65 47.38					
47.33 47.33 47.76 47.21 47.65 47.28 46.90 46.83					
46.86 46.65 46.02 47.10 47.24 47.11 46.61 47.04					
46.70 46.84 46.84 46.83 45.86 46.67 47.26 46.55 45.47					
2 LaFortune, Kathie	59	Moscow Chinooks Masters Swimmi	29:00.00	28:09.11	4
47.70 50.33 51.37 51.30 49.78 50.64 51.06 51.48					
51.42 52.66 51.74 49.92 51.04 52.10 52.01 50.94					
52.94 50.15 53.19 51.00 52.03 51.28 49.50 51.33					
53.55 50.72 53.73 49.85 52.08 52.77 49.44 50.59 49.47					
--- Patterson, Aida	57	Kroc Masters-35	28:18.63	NS	

**Women 55-59 50 Yard Backstroke**

1 Koster, Lauri	58	Moscow Chinooks Masters Swimmi	NT	51.77	6
--- Patterson, Aida	57	Kroc Masters-35	48.39	NS	

**Women 55-59 50 Yard Breaststroke**

1 Clutter, Cynthia	59	Mesa Aquatics Club-Masters-48	41.59	42.04	6
2 Koster, Lauri	58	Moscow Chinooks Masters Swimmi	NT	52.34	4
--- Patterson, Aida	57	Kroc Masters-35	49.11	NS	

**Women 55-59 100 Yard Breaststroke**

1 Clutter, Cynthia	59	Mesa Aquatics Club-Masters-48	1:33.59	1:33.93	6
44.79 49.14					

**Women 55-59 50 Yard Butterfly**

1 Clutter, Cynthia	59	Mesa Aquatics Club-Masters-48	40.59	41.68	6
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**Women 55-59 200 Yard Butterfly**

1 Clutter, Cynthia	59	Mesa Aquatics Club-Masters-48	3:35.59	3:43.12	6
49.90 58.41 1:00.20 54.61					

**Women 55-59 100 Yard IM**

--- Patterson, Aida	57	Kroc Masters-35	1:36.75	SCR	
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**Women 60-64 50 Yard Freestyle**

1 Moore, Dale	64	Moscow Chinooks Masters Swimmi	39.00	37.32	6
2 Wolfe, Ann	60	Uc35-35	1:15.00	42.77	4
3 Bloch, Jennifer	60	Moscow Chinooks Masters Swimmi	45.87	45.99	3

**Women 60-64 100 Yard Freestyle**

1 Bloch, Jennifer	60	Moscow Chinooks Masters Swimmi	1:46.32	1:44.04	6
49.58 54.46					
2 Wolfe, Ann	60	Uc35-35	2:30.00	1:53.95	4
53.58 1:00.37					

**Women 60-64 200 Yard Freestyle**

1 Bloch, Jennifer	60	Moscow Chinooks Masters Swimmi	3:51.85	3:37.12	6
49.99 55.41 56.64 55.08					
2 Wolfe, Ann	60	Uc35-35	4:30.00	3:50.71	4
47.99 58.51 1:01.74 1:02.47					

**Women 60-64 500 Yard Freestyle**

1 Leffingwell, Jeanne	64	Moscow Chinooks Masters Swimmi	10:00.00	9:28.35	6
52.04 56.65 57.39 57.45 57.81 57.67 57.87 58.05					
58.86 54.56					

**Inland NW LMSC SCY Championships - 4/6/2019****Results****(Women 60-64 500 Yard Freestyle)**

2	Bloch, Jennifer	60	Moscow Chinooks Masters Swimmi	10:29.09	9:28.53	4
	50.50 56.12 58.16 59.02 57.69 57.97 57.85 58.00					
	57.91 55.31					

**Women 60-64 50 Yard Backstroke**

1	Wolfe, Ann	60	Uc35-35	1:50.00	53.93	6
---	Leffingwell, Jeanne	64	Moscow Chinooks Masters Swimmi	51.00	SCR	

**Women 60-64 50 Yard Breaststroke**

1	Moore, Dale	64	Moscow Chinooks Masters Swimmi	41.50	43.77	6
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**Women 60-64 100 Yard Breaststroke**

1	Moore, Dale	64	Moscow Chinooks Masters Swimmi	1:36.38	1:41.55	6
	45.82 55.73					
2	Bloch, Jennifer	60	Moscow Chinooks Masters Swimmi	2:15.23	2:13.02	4
	1:04.68 1:08.34					

**Women 60-64 100 Yard IM**

1	Bloch, Jennifer	60	Moscow Chinooks Masters Swimmi	NT	2:07.56	6
	1:04.64 1:02.92					

**Women 65-69 500 Yard Freestyle**

1	Bell, Deborah	66	Moscow Chinooks Masters Swimmi	8:30.00	8:28.19	6
	48.12 50.58 52.14 52.23 51.86 50.70 51.24 51.15					
	50.60 49.57					

**Women 65-69 100 Yard IM**

1	Bell, Deborah	66	Moscow Chinooks Masters Swimmi	2:00.00	1:41.62	6
	50.25 51.37					

**Women 65-69 200 Yard IM**

1	Bell, Deborah	66	Moscow Chinooks Masters Swimmi	3:45.00	3:37.31	6
	53.89 54.45 59.57 49.40					

**Women 70-74 50 Yard Freestyle**

1	Vallandigham, Jett	72	Moscow Chinooks Masters Swimmi	49.13	54.75	6
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**Women 70-74 100 Yard Freestyle**

1	Vallandigham, Jett	72	Moscow Chinooks Masters Swimmi	1:54.74	2:12.98	6
	1:01.38 1:11.60					
---	Ensign, Jeanne	72	Big Sky Montana Masters-31	1:43.06	SCR	

**Women 70-74 200 Yard Freestyle**

1	Vallandigham, Jett	72	Moscow Chinooks Masters Swimmi	4:21.64	4:36.36	6
	1:01.51 1:09.95 1:13.06 1:11.84					

**Women 70-74 500 Yard Freestyle**

1	Ensign, Jeanne	72	Big Sky Montana Masters-31	10:00.01	9:42.68	6
	54.24 57.79 58.01 59.83 58.85 1:00.04 58.67 59.26					
	57.93 58.06					
2	Vallandigham, Jett	72	Moscow Chinooks Masters Swimmi	11:29.34	11:38.07	4
	57.53 1:07.04 1:10.89 1:12.77 1:12.27 1:10.91 1:12.85 1:12.13					
	1:12.97 1:08.71					

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Women 70-74 1650 Yard Freestyle**

1	Ensign, Jeanne	72	Big Sky Montana Masters-31	33:34.00	33:01.77	6
	56.52 58.16 59.53 59.36 59.64 59.88 58.68		1:00.32			
	59.50 59.81 1:00.22 1:00.54 1:01.00 1:00.50 1:00.00		59.76			
	1:00.67 1:00.57 59.26 1:00.84 1:00.37 1:01.36 1:00.27		1:00.49			
	1:02.00 59.88 59.91 1:00.55 1:01.58 1:00.30 1:01.35		1:00.42	58.53		

**Women 70-74 50 Yard Breaststroke**

1	Vallandigham, Jett	72	Moscow Chinooks Masters Swimmi	1:00.23	1:05.07	6
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**Women 70-74 100 Yard Breaststroke**

1	Vallandigham, Jett	72	Moscow Chinooks Masters Swimmi	2:15.82	2:33.06	6
	1:08.44 1:24.62					

**Women 75-79 50 Yard Freestyle**

---	Henry, Lorna	78	Kroc Masters-35	40.29	SCR	
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**Women 75-79 100 Yard Freestyle**

---	Henry, Lorna	78	Kroc Masters-35	1:33.00	SCR	
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**Women 75-79 200 Yard Freestyle**

---	Henry, Lorna	78	Kroc Masters-35	3:22.08	SCR	
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**Women 75-79 50 Yard Backstroke**

---	Henry, Lorna	78	Kroc Masters-35	43.66	SCR	
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**Women 75-79 100 Yard Backstroke**

---	Henry, Lorna	78	Kroc Masters-35	1:37.58	SCR	
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**Women 75-79 200 Yard Backstroke**

---	Henry, Lorna	78	Kroc Masters-35	3:24.68	SCR	
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**Women 80-84 100 Yard Freestyle**

---	Hastings, Patricia B	83	Big Sky Montana Masters-31	1:45.00	SCR	
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**Women 80-84 200 Yard Freestyle**

1	Hastings, Patricia B	83	Big Sky Montana Masters-31	3:50.00	4:02.46	6
	53.12 1:01.76 1:04.30 1:03.28					

**Women 80-84 50 Yard Breaststroke**

1	Hastings, Patricia B	83	Big Sky Montana Masters-31	1:10.00	1:12.42	6
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**Women 80-84 100 Yard Breaststroke**

1	Hastings, Patricia B	83	Big Sky Montana Masters-31	2:20.00	2:38.77	6
	1:14.29 1:24.48					

**Women 80-84 100 Yard IM**

1	Hastings, Patricia B	83	Big Sky Montana Masters-31	2:20.00	2:28.74	6
	1:19.94 1:08.80					

**Men 18-24 50 Yard Freestyle**

1	Owen, Matthew	20	Wsu Swim Club-58	24.99	23.81	6
2	Shvedov, Konstantin	22	Wsu Swim Club-58	26.50	24.95	4
3	Galligan, Ben	21	Wsu Swim Club-58	33.00	27.99	3

**Men 18-24 100 Yard Freestyle**

1	Smit, Aidan M	18	Wsu Swim Club-58	55.02	52.55	6
	24.54 28.01					
2	Owen, Matthew	20	Wsu Swim Club-58	56.99	53.67	4
	25.02 28.65					

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Men 18-24 500 Yard Freestyle**

1 Ediger, Travis	19 Wsu Swim Club-58	6:30.99	6:22.41	6
33.78 39.43 38.78	39.66 38.34 38.31 1:17.35	39.69		
36.94 0.13				

**Men 18-24 1650 Yard Freestyle**

1 Smit, Aidan M	18 Wsu Swim Club-58	17:49.02	18:37.71	6
28.05 32.33 33.56	34.12 33.64 33.93 34.84	33.81		
34.29 34.47 34.82	34.04 34.95 34.66 34.74	35.26		
34.53 34.76 32.84	34.40 35.06 33.63 34.76	33.41		
34.46 35.03 34.80	33.33 33.52 33.82 33.94	32.21 31.70		

**Men 18-24 50 Yard Backstroke**

1 Galligan, Ben	21 Wsu Swim Club-58	39.00	31.47	6
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**Men 18-24 50 Yard Breaststroke**

1 Shvedov, Konstantin	22 Wsu Swim Club-58	33.99	30.52	6
2 Galligan, Ben	21 Wsu Swim Club-58	39.00	38.46	4

**Men 18-24 100 Yard Breaststroke**

1 Shvedov, Konstantin	22 Wsu Swim Club-58	1:15.99	1:07.76	6
31.73 36.03				

**Men 18-24 50 Yard Butterfly**

1 Owen, Matthew	20 Wsu Swim Club-58	26.99	25.65	6
2 Ediger, Travis	19 Wsu Swim Club-58	30.01	30.40	4

**Men 18-24 100 Yard IM**

1 Ediger, Travis	19 Wsu Swim Club-58	1:15.99	1:17.43	6
35.46 41.97				

**Men 35-39 100 Yard Freestyle**

1 Shino, Trent	36 Spokane Club Masters-35	53.00	50.54	6
24.53 26.01				

**Men 35-39 500 Yard Freestyle**

1 Shino, Trent	36 Spokane Club Masters-35	5:15.00	5:10.47	6
26.89 30.53 31.04	31.42 31.53 31.99 31.94	32.24		
32.02 30.87				

**Men 35-39 100 Yard Backstroke**

1 Shino, Trent	36 Spokane Club Masters-35	1:05.00	59.59	6
28.64 30.95				

**Men 35-39 50 Yard Butterfly**

1 Shino, Trent	36 Spokane Club Masters-35	25.00	24.16	6
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**Men 35-39 200 Yard IM**

1 Shino, Trent	36 Spokane Club Masters-35	2:06.00	2:05.84	6
26.68 33.10 36.53	29.53			

**Men 40-44 50 Yard Freestyle**

--- Adams, James A	41 Oregon Masters-37	24.91	SCR	
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**Men 40-44 100 Yard Freestyle**

1 Schwegel, Michael	42 Kroc Masters-35	1:03.00	57.80	6
27.78 30.02				

**Men 40-44 1650 Yard Freestyle**

--- Adams, James A	41 Oregon Masters-37	18:48.94	SCR	
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**Inland NW LMSC SCY Championships - 4/6/2019****Results****Men 40-44 50 Yard Backstroke**

1 Schwegel, Michael	42 Kroc Masters-35	32.62	29.13	6
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**Men 40-44 100 Yard Backstroke**

1 Schwegel, Michael	42 Kroc Masters-35	1:05.58	1:04.02	6
--- Adams, James A	41 Oregon Masters-37	1:05.13	SCR	

**Men 40-44 50 Yard Breaststroke**

1 Schwegel, Michael	42 Kroc Masters-35	34.56	33.06	6
--- Adams, James A	41 Oregon Masters-37	32.39	SCR	

**Men 40-44 100 Yard Breaststroke**

1 Schwegel, Michael	42 Kroc Masters-35	1:08.00	1:13.92	6
33.99 39.93				
--- Adams, James A	41 Oregon Masters-37	1:09.24	SCR	

**Men 40-44 50 Yard Butterfly**

--- Adams, James A	41 Oregon Masters-37	27.65	SCR	
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**Men 40-44 200 Yard IM**

1 Schwegel, Michael	42 Kroc Masters-35	2:27.22	2:20.84	6
29.03 34.47 41.40	35.94			

**Men 45-49 50 Yard Freestyle**

1 Cousins, Asaph	46 Moscow Chinooks Masters Swimmi	27.31	28.25	6
2 Spain, Nathan P	45 Moscow Chinooks Masters Swimmi	35.00	31.78	4

**Men 45-49 100 Yard Freestyle**

1 Cousins, Asaph	46 Moscow Chinooks Masters Swimmi	1:00.30	1:02.20	6
29.82 32.38				
2 Spain, Nathan P	45 Moscow Chinooks Masters Swimmi	1:20.00	1:13.79	4
35.38 38.41				

**Men 45-49 200 Yard Freestyle**

1 Cousins, Asaph	46 Moscow Chinooks Masters Swimmi	2:24.32	2:26.61	6
34.48 38.68 37.71	35.74			
2 Spain, Nathan P	45 Moscow Chinooks Masters Swimmi	3:10.00	2:53.82	4
37.81 44.33 46.69	44.99			

**Men 45-49 500 Yard Freestyle**

1 Cousins, Asaph	46 Moscow Chinooks Masters Swimmi	6:36.22	6:36.78	6
35.24 38.98 39.71	40.93 40.82 40.54 41.33 40.87			
40.37 37.99				
2 Spain, Nathan P	45 Moscow Chinooks Masters Swimmi	7:45.00	7:47.98	4
39.65 44.54 46.43	47.13 47.88 48.96 49.66 49.63			
48.31 45.79				

**Men 45-49 1650 Yard Freestyle**

1 Cousins, Asaph	46 Moscow Chinooks Masters Swimmi	24:29.79	23:36.88	6
38.32 43.56 43.10	43.81 43.73 42.92 43.46 43.17			
42.65 43.01 43.46	42.97 43.33 43.35 43.37 43.15			
43.37 43.83 43.63	43.57 42.75 1:27.28 43.71 43.61			
44.03 43.64 43.38	43.11 42.76 41.81 40.91 38.05 0.08			

**Men 50-54 100 Yard Freestyle**

1 Bronson, Matthew	53 Kroc Masters-35	1:20.00	1:16.30	6
36.40 39.90				



**Inland NW LMSC SCY Championships - 4/6/2019****Results****Men 50-54 500 Yard Freestyle**

1	Trese, Timothy G	54	Moscow Chinooks Masters Swimmi	7:30.99	7:07.25	6
	34.38 38.67 40.53	42.41	43.57 44.28 1:31.47	46.19		
	45.65 0.10					
---	Bronson, Matthew	53	Kroc Masters-35	7:35.00	NS	

**Men 50-54 1650 Yard Freestyle**

1	Bronson, Matthew	53	Kroc Masters-35	26:00.00	25:56.47	6
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**Men 50-54 100 Yard Backstroke**

1	Trese, Timothy G	54	Moscow Chinooks Masters Swimmi	1:40.99	1:28.15	6
	43.91 44.24					

**Men 50-54 200 Yard IM**

---	Trese, Timothy G	54	Moscow Chinooks Masters Swimmi	4:00.99	DQ	
	41.32 49.53 52.93	40.84				

**Men 55-59 100 Yard Freestyle**

1	Johnson, Brian	57	Moscow Chinooks Masters Swimmi	1:00.00	1:02.02	6
	29.16 32.86					
2	Ridgway, Eric	58	Kroc Masters-35	1:16.00	1:17.01	4
	35.83 41.18					

**Men 55-59 1650 Yard Freestyle**

1	Williams, Thomas	57	Moscow Chinooks Masters Swimmi	32:30.00	32:57.35	6
	46.91 56.24 58.46	1:00.07	59.70 1:02.10 1:01.83	1:01.38		
	1:01.48 1:02.29 1:01.78	1:02.30	1:00.23 1:00.18 1:00.35	1:00.14		
	59.61 1:00.28 1:01.03	1:00.54	1:00.35 1:01.13 1:01.40	1:00.40		
	1:00.96 1:00.40 59.60	1:02.12	59.78 1:00.58 1:00.32	58.88 54.53		

**Men 55-59 50 Yard Backstroke**

1	Johnson, Brian	57	Moscow Chinooks Masters Swimmi	30.80	30.24	6
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**Men 55-59 50 Yard Breaststroke**

1	Johnson, Brian	57	Moscow Chinooks Masters Swimmi	35.00	33.41	6
2	Ridgway, Eric	58	Kroc Masters-35	38.00	37.04	4

**Men 55-59 100 Yard Breaststroke**

1	Ridgway, Eric	58	Kroc Masters-35	1:23.00	1:23.43	6
	39.46 43.97					

**Men 55-59 200 Yard Breaststroke**

1	Ridgway, Eric	58	Kroc Masters-35	3:01.00	3:06.04	6
	43.22 48.46 48.06	46.30				

**Men 55-59 50 Yard Butterfly**

1	Johnson, Brian	57	Moscow Chinooks Masters Swimmi	30.00	29.15	6
2	Williams, Thomas	57	Moscow Chinooks Masters Swimmi	52.00	52.35	4

**Men 55-59 100 Yard Butterfly**

1	Williams, Thomas	57	Moscow Chinooks Masters Swimmi	1:58.00	1:52.45	6
	49.73 1:02.72					

**Men 55-59 200 Yard Butterfly**

1	Williams, Thomas	57	Moscow Chinooks Masters Swimmi	4:40.00	4:32.47	6
	59.72 1:09.70 1:10.87	1:12.18				

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Men 55-59 100 Yard IM**

1	Johnson, Brian	57	Moscow Chinooks Masters Swimmi	1:10.00	1:09.34	6
	30.65 38.69					
2	Ridgway, Eric	58	Kroc Masters-35	1:23.00	1:21.18	4
	39.28 41.90					

**Men 55-59 200 Yard IM**

1	Ridgway, Eric	58	Kroc Masters-35	3:13.00	2:57.84	6
	39.19 50.50 46.73 41.42					

**Men 55-59 400 Yard IM**

1	Williams, Thomas	57	Moscow Chinooks Masters Swimmi	9:30.00	8:33.93	6
	2:01.51 2:00.16 1:17.54 1:21.59 57.16 56.01					

**Men 60-64 50 Yard Freestyle**

1	Cabrey, David	63	Tri-City Atomic Sturgeons-35	27.50	27.09	6
2	Tedrow, Allen	63	Moscow Chinooks Masters Swimmi	29.07	31.29	4
3	Wolfe, John	60	Uc35-35	40.00	32.93	3
---	Wharton, Rod	62	Kroc Masters-35	29.02	SCR	

**Men 60-64 100 Yard Freestyle**

1	Cabrey, David	63	Tri-City Atomic Sturgeons-35	1:01.50	1:01.19	6
	30.74 30.45					
2	Tedrow, Allen	63	Moscow Chinooks Masters Swimmi	1:03.86	1:09.32	4
	1:09.11 0.21					
3	Wolfe, John	60	Uc35-35	1:30.00	1:18.39	3
	35.87 42.52					
---	Wharton, Rod	62	Kroc Masters-35	1:03.51	SCR	

**Men 60-64 200 Yard Freestyle**

---	Wharton, Rod	62	Kroc Masters-35	2:26.44	SCR	
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**Men 60-64 500 Yard Freestyle**

1	Cabrey, David	63	Tri-City Atomic Sturgeons-35	6:25.00	6:10.75	6
	33.16 36.90 37.80 37.57 37.52 38.04 37.91 37.86					
---	Wharton, Rod	62	Kroc Masters-35	6:40.92	SCR	

**Men 60-64 1650 Yard Freestyle**

1	Wolfe, John	60	Uc35-35	30:00.00	26:47.86	6
	43.06 47.90 48.58 48.16 48.85 47.89 49.07 48.57					
	48.68 49.24 50.64 48.42 49.53 47.74 49.40 48.92					
	48.84 48.28 47.96 48.13 49.18 48.50 48.94 49.29					
	49.69 49.35 49.30 49.74 49.85 49.21 49.47 49.40 48.08					

**Men 60-64 50 Yard Backstroke**

1	Tedrow, Allen	63	Moscow Chinooks Masters Swimmi	40.05	41.62	6
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**Men 60-64 100 Yard Backstroke**

---	Wharton, Rod	62	Kroc Masters-35	1:21.55	SCR	
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**Men 60-64 50 Yard Breaststroke**

1	Tedrow, Allen	63	Moscow Chinooks Masters Swimmi	37.76	38.40	6
2	Wolfe, John	60	Uc35-35	50.00	42.10	4

**Men 60-64 100 Yard Breaststroke**

1	Tedrow, Allen	63	Moscow Chinooks Masters Swimmi	1:24.85	1:28.44	6
	43.30 45.14					

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Men 60-64 50 Yard Butterfly**

1 Cabrey, David	63	Tri-City Atomic Sturgeons-35	34.00	31.52	6
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**Men 60-64 100 Yard IM**

1 Cabrey, David	63	Tri-City Atomic Sturgeons-35	1:13.00	1:12.51	6
32.94 39.57					
2 Wolfe, John	60	Uc35-35	2:00.00	1:28.68	4
42.86 45.82					

**Men 65-69 50 Yard Freestyle**

1 Tanner, Stephen A	65	Kroc Masters-35	34.00	33.09	6
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**Men 65-69 50 Yard Backstroke**

1 Tanner, Stephen A	65	Kroc Masters-35	39.00	41.28	6
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**Men 65-69 100 Yard Backstroke**

1 Tanner, Stephen A	65	Kroc Masters-35	1:30.00	1:34.12	6
45.00 49.12					

**Men 65-69 200 Yard Backstroke**

1 Tanner, Stephen A	65	Kroc Masters-35	3:13.00	3:15.86	6
44.36 49.65 51.92 49.93					

**Men 65-69 100 Yard IM**

1 Tanner, Stephen A	65	Kroc Masters-35	1:30.00	1:33.40	6
42.71 50.69					

**Men 70-74 100 Yard Freestyle**

--- Livoni, Donn	72	Big Sky Montana Masters-31	1:12.50	SCR	
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**Men 70-74 200 Yard Freestyle**

1 Fogg, Stephen	70	Puget Sound Masters-36	2:45.00	2:37.16	6
35.88 39.63 41.46 40.19					

**Men 70-74 500 Yard Freestyle**

1 Livoni, Donn	72	Big Sky Montana Masters-31	7:30.00	7:08.89	6
36.83 41.21 43.69 44.13 44.09 44.12 43.99 44.25					
44.05 42.53					

**Men 70-74 1650 Yard Freestyle**

1 Livoni, Donn	72	Big Sky Montana Masters-31	25:00.00	24:26.36	6
37.73 42.03 43.64 44.45 44.46 44.63 44.51 44.50					
44.47 44.57 44.80 44.75 44.88 45.44 44.96 45.14					
45.06 45.15 44.94 44.74 44.23 44.83 44.99 44.85					
45.06 45.15 44.82 44.99 45.13 45.02 45.21 44.74 42.49					

**Men 70-74 50 Yard Backstroke**

1 Fogg, Stephen	70	Puget Sound Masters-36	34.10	34.90	6
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**Men 70-74 100 Yard Backstroke**

--- Fogg, Stephen	70	Puget Sound Masters-36	1:16.16	SCR	
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**Men 70-74 200 Yard Backstroke**

1 Fogg, Stephen	70	Puget Sound Masters-36	2:57.43	3:03.86	6
42.03 47.23 48.71 45.89					

**Men 70-74 50 Yard Butterfly**

1 Fogg, Stephen	70	Puget Sound Masters-36	36.74	38.03	6
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**Inland NW LMSC SCY Championships - 4/6/2019****Results****Women 18+ 200 Yard Freestyle Relay**

1	Wsu Swim Club-58	A	NT	1:57.48	12
	1) Osterberg, Lena W20	2) Norman, Sarah L W21	3) Utter, Hannah W21	4) Kirby, Constance W19	
	29.51 27.77 31.36	28.84			

**Women 18+ 200 Yard Medley Relay**

1	Wsu Swim Club-58	A	NT	2:09.75	12
	1) Norman, Sarah L W21	2) Kirby, Constance W19	3) Osterberg, Lena W20	4) Utter, Hannah W21	
	31.57 36.43 30.74	31.01			

**Women 25+ 200 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	C	NT	2:10.64	12
	1) Eriksson, Marie W49	2) Mazur, Amy W56	3) Buehler, Paige W50	4) Stanley, Jessica W32	
	32.03 36.89 31.44	30.28			
---	Moscow Chinooks Masters S	B	NT	DQ	
	1) Bell, Deborah W66	2) Underwood, Sara J W42	3) Jenkins, Kathrine W29	4) Moore, Dale W64	
	40.87 43.32 26.12	39.95			

**Women 25+ 200 Yard Medley Relay**

1	Moscow Chinooks Masters S	B	NT	3:11.44	12
	1) Ruspakka, Shelly W36	2) Jenkins, Kathrine W29	3) Buehler, Paige W50	4) Stanley, Jessica W32	
	39.83 54.50 50.48	46.63			

**Women 35+ 400 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	A	NT	6:07.43	12
	1) LaFortune, Kathie W59	2) Stauffer, Susan W51	3) Underwood, Sara J W42	4) Bell, Deborah W66	
	40.46 1:28.59 17.43	41.42 44.72 1:32.52	57.86 2:24.90		

**Women 45+ 200 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	A	5:00.00	3:03.26	12
	1) Koster, Lauri W58	2) Stauffer, Susan W51	3) Bloch, Jennifer W60	4) Vallandigham, Jett W72	
	42.06 36.57 47.27	57.36			

**Women 45+ 200 Yard Medley Relay**

1	Moscow Chinooks Masters S	A	NT	2:11.69	12
	1) Eriksson, Marie W49	2) Leffingwell, Jeanne W64	3) Mazur, Amy W56	4) Bloch, Jennifer W60	
	32.22 34.16 34.89	30.42			

**Men 18+ 200 Yard Medley Relay**

1	Wsu Swim Club-58	A	NT	1:57.30	12
	1) Galligan, Ben M21	2) Shvedov, Konstantin M22	3) Ediger, Travis M19	4) Owen, Matthew M20	
	31.69 30.52 31.58	23.51			
---	Moscow Chinooks Masters S	A	NT	DQ	
	1) Cousins, Asaph M46	2) Johnson, Brian M57	3) Trese, Timothy G M54	4) Spain, Nathan P M45	
	36.52 34.88 46.62	16.13			

**Men 45+ 200 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	A	NT	1:52.02	12
	1) Tedrow, Allen M63	2) Johnson, Brian M57	3) Cousins, Asaph M46	4) Trese, Timothy G M54	
	31.08 20.57 41.55	18.82			

**Mixed 25+ 200 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	C	NT	2:12.48	12
	1) Mazur, Amy W56	2) Spain, Nathan P M45	3) Stanley, Jessica W32	4) Tedrow, Allen M63	
	38.83 33.79 30.18	29.68			
2	Moscow Chinooks Masters S	A	4:00.00	2:26.83	8
	1) Jenkins, Kathrine W29	2) Williams, Thomas M57	3) Moore, Dale W64	4) Trese, Timothy G M54	
	26.71 45.66 42.76	31.70			

**Inland NW LMSC SCY Championships - 4/6/2019****Results****Mixed 25+ 400 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	C				NT	3:38.43	12
	1) Tedrow, Allen M63		2) Eriksson, Marie W49		3) Jenkins, Kathrine W29		4) Trese, Timothy G M54	
	33.53 1:08.73 17.23		35.10 39.76 1:07.16		30.58 47.44			
2	Moscow Chinooks Masters S	A				8:00.00	4:29.37	8
	1) Cousins, Asaph M46		2) Buehler, Paige W50		3) Johnson, Brian M57		4) Stanley, Jessica W32	
	31.20 1:04.13 21.85		1:14.78 18.47 1:03.29		20.67 1:07.17			

**Mixed 25+ 200 Yard Medley Mixed Relay**

1	Kroc Masters-35	A				NT	2:06.95	12
	1) Lawrence, Lana W26		2) Sharpe, Anna W27		3) Schwegel, Michael M42		4) Tanner, Stephen A M65	
	30.31 33.27 28.28		35.09					

**Mixed 35+ 200 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	B				NT	1:41.53	12
	1) Cousins, Asaph M46		2) Buehler, Paige W50		3) Johnson, Brian M57		4) Ruspakka, Shelly W36	
	29.64 26.67 16.98		28.24					

**Mixed 35+ 400 Yard Freestyle Relay**

1	Moscow Chinooks Masters S	B				NT	5:45.31	12
	1) Mazur, Amy W56		2) Williams, Thomas M57		3) Ruspakka, Shelly W36		4) Spain, Nathan P M45	
	42.14 1:28.05 47.21		1:42.09 33.57 1:11.49		40.77 1:23.68			

**Mixed 55+ 200 Yard Medley Mixed Relay**

1	Moscow Chinooks Masters S	A				6:00.00	2:59.11	12
	1) Tedrow, Allen M63		2) Moore, Dale W64		3) Bell, Deborah W66		4) Williams, Thomas M57	
	39.12 45.29 54.80		39.90					