

Pumpkin Power - 11/14/2009
Sandpoint West Athletic Club, Sandpoint, Idaho
Results

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|--|------------------------|-------------|---------------------|------------------|
| Women 35-39 50 SC Meter Free | 1 Torok, Lauren | 44 MCM | 1:30.79 | |
| 1 McCray, Jodi | 35 SWAC | 33.66 | 2 McClelland, Karen | 42 SWAC 1:43.48 |
| Women 35-39 100 SC Meter Free | 1 McCray, Jodi | 35 SWAC | 1:16.70 | |
| Women 35-39 200 SC Meter Free | 1 McCray, Jodi | 35 SWAC | 2:52.37 | |
| Women 35-39 800 SC Meter Free | 1 Nelsen, Meleah | 35 SWAC | 12:57.25 | |
| Women 35-39 50 SC Meter Breast | 1 McCray, Jodi | 35 SWAC | 47.47 | |
| Women 35-39 100 SC Meter Breast | 1 Nelsen, Meleah | 35 SWAC | 1:33.64 | |
| Women 35-39 200 SC Meter Breast | 1 Nelsen, Meleah | 35 SWAC | 3:26.09 | |
| Women 35-39 50 SC Meter Fly | 1 McCray, Jodi | 35 SWAC | 37.92 | |
| Women 35-39 200 SC Meter IM | 1 Nelsen, Meleah | 35 SWAC | 3:04.60 | |
| Women 35-39 400 SC Meter IM | 1 Nelsen, Meleah | 35 SWAC | 6:56.24 | |
| Women 40-44 50 SC Meter Free | 1 Buehler, Paige | 41 MCM | 34.28 | |
| 2 Speakman, Brenda | 40 SWAC | 40.55 | 3 Bell, TinaMarie | 44 LCM 41.41 |
| Women 40-44 100 SC Meter Free | 1 Buehler, Paige | 41 MCM | 1:17.78 | |
| 2 Bell, TinaMarie | 44 LCM | 1:37.94 | | |
| Women 40-44 400 SC Meter Free | 1 Buehler, Paige | 41 MCM | 6:04.99 | |
| 2 Bell, TinaMarie | 44 LCM | 7:41.62 (U) | | |
| Women 40-44 200 SC Meter Back | 1 Torok, Lauren | 44 MCM | 3:14.77 | |
| Women 40-44 50 SC Meter Breast | 1 Torok, Lauren | 44 MCM | 47.44 | |
| 2 McClelland, Karen | 42 SWAC | 50.41 | 3 Bell, TinaMarie | 44 LCM 56.61 (U) |
| Women 40-44 100 SC Meter Breast | 1 Bell, TinaMarie | 44 LCM | 2:04.59 (U) | |
| Women 40-44 50 SC Meter Fly | 1 Buehler, Paige | 41 MCM | 41.80 | |
| 2 McClelland, Karen | 42 SWAC | 51.36 | | |
| Women 40-44 200 SC Meter Fly | 1 Buehler, Paige | 41 MCM | 3:51.89 | |
| Women 40-44 100 SC Meter IM | | | | |
| Women 40-44 200 SC Meter IM | 1 Torok, Lauren | 44 MCM | 3:22.84 | |
| Women 45-49 400 SC Meter Free | 1 Clutter, Cindy | 49 LCM | 6:06.78 | |
| Women 45-49 800 SC Meter Free | 1 Clutter, Cindy | 49 LCM | 12:37.96 | |
| Women 45-49 50 SC Meter Breast | 1 Clutter, Cindy | 49 LCM | 49.95 | |
| 2 Pignolet, Jody | 46 SWAC | 51.37 | | |
| Women 45-49 100 SC Meter Breast | 1 Clutter, Cindy | 49 LCM | 1:49.18 | |
| Women 45-49 200 SC Meter Breast | 1 Clutter, Cindy | 49 LCM | 3:54.47 | |
| Women 50-54 50 SC Meter Free | 1 Helm, Robin | 53 SWAC | 46.22 | |
| Women 50-54 200 SC Meter Free | 1 Hair, Margaret | 54 LCM | 2:57.00 (I) | |
| Women 50-54 50 SC Meter Back | 1 Hair, Margaret | 54 LCM | 49.84 | |
| 2 Adams, Mary | 54 LCM | 57.01 | | |
| Women 50-54 100 SC Meter Back | 1 Hair, Margaret | 54 LCM | 1:44.63 | |
| 2 Adams, Mary | 54 LCM | 2:00.52 | | |
| Women 50-54 50 SC Meter Breast | 1 Helm, Robin | 53 SWAC | 55.33 | |
| Women 50-54 100 SC Meter Breast | 1 Hair, Margaret | 54 LCM | 1:48.05 | |
| 2 Helm, Robin | 53 SWAC | 2:04.37 | | |
| Women 50-54 50 SC Meter Fly | 1 Adams, Mary | 54 LCM | 56.25 | |
| Women 50-54 100 SC Meter IM | 1 Adams, Mary | 54 LCM | 1:54.38 | |
| 2 Helm, Robin | 53 SWAC | 1:59.99 (U) | | |
| Women 50-54 200 SC Meter IM | 1 Hair, Margaret | 54 LCM | 3:26.72 (U) | |
| 2 Adams, Mary | 54 LCM | 4:09.71 | | |
| Women 55-59 100 SC Meter Free | 1 Stringer, Peggy | 58 MTM | 1:26.03 | |
| Women 55-59 400 SC Meter Free | 1 Bell, Deborah | 57 MCM | 6:59.99 (I) | |
| Women 55-59 100 SC Meter Back | 1 Bell, Deborah | 57 MCM | 1:50.72 (I) | |
| Women 55-59 50 SC Meter Breast | 1 Stringer, Peggy | 58 MTM | 54.51 | |
| Women 55-59 100 SC Meter Breast | 1 Stringer, Peggy | 58 MTM | 1:58.11 | |
| Women 55-59 50 SC Meter Fly | 1 Stringer, Peggy | 58 MTM | 49.40 | |
| Women 55-59 100 SC Meter IM | 1 Stringer, Peggy | 58 MTM | 1:41.63 | |
| 2 Bell, Deborah | 57 MCM | 1:45.66 | | |
| Women 55-59 400 SC Meter IM | 1 Bell, Deborah | 57 MCM | 8:08.17 (I) | |
| Women 75-79 50 SC Meter Free | 1 Orton, Annette | 78 SWAC | 1:57.36 (I) | |
| Women 75-79 50 SC Meter Back | 1 Orton, Annette | 78 SWAC | 2:12.09 | |
| Women 75-79 50 SC Meter Breast | 1 Orton, Annette | 78 SWAC | 2:19.45 | |
| Women 75-79 50 SC Meter Fly | --- Orton, Annette | 78 SWAC | DQ | |
| Women 75-79 100 SC Meter IM | 1 Orton, Annette | 78 SWAC | 4:39.59 (I) | |
| Women 85-89 400 SC Meter Free | 1 Sanddal, Charlotte E | 87 MTM | 12:39.95 (U) | |
| Women 85-89 200 SC Meter Back | 1 Sanddal, Charlotte E | 87 MTM | 6:33.56 (Z) | |
| Women 85-89 200 SC Meter Breast | 1 Sanddal, Charlotte E | 87 MTM | 7:47.31 (Z) | |
| Women 85-89 50 SC Meter Fly | 1 Sanddal, Charlotte E | 87 MTM | 1:23.04 (Z) | |
| Women 85-89 200 SC Meter IM | 1 Sanddal, Charlotte E | 87 MTM | 7:00.74 (Z) | |
| Men 30-34 100 SC Meter Free | 1 Adams, James | 32 WVM | 1:00.18 | |
| Men 30-34 200 SC Meter Free | 1 Adams, James | 32 WVM | 2:12.72 (I) | |
| Men 30-34 800 SC Meter Free | 1 Adams, James | 32 WVM | 10:06.69 | |
| Men 30-34 100 SC Meter Fly | 1 Adams, James | 32 WVM | 1:07.70 | |
| Men 30-34 200 SC Meter Fly | 1 Adams, James | 32 WVM | 2:39.87 | |

Men 35-39 50 SC Meter Free

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| 1 Thorley, Joseph | 37 WKM | 29.13 |
| 2 Wilder, David | 38 MCM | 31.77 |

Men 35-39 100 SC Meter Free

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| 1 Thorley, Joseph | 37 WKM | 1:05.46 |
| 2 Wilder, David | 38 MCM | 1:10.39 |

Men 35-39 200 SC Meter Free

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| 1 Wilder, David | 38 MCM | 2:38.87 (U) |
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Men 35-39 400 SC Meter Free

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| 1 Wilder, David | 38 MCM | 5:53.32 |
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Men 35-39 800 SC Meter Free

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|-------------------|--------|----------|
| 1 Thorley, Joseph | 37 WKM | 12:17.04 |
|-------------------|--------|----------|

Men 35-39 50 SC Meter Fly

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|-------------------|--------|-------|
| 1 Thorley, Joseph | 37 WKM | 33.41 |
|-------------------|--------|-------|

Men 40-44 50 SC Meter Free

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|-------------------|--------|-------|
| 1 Werner, Steffen | 42 MCM | 32.45 |
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Men 40-44 100 SC Meter Free

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|-------------------|--------|---------|
| 1 Werner, Steffen | 42 MCM | 1:16.60 |
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Men 40-44 200 SC Meter Free

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|-------------------|--------|---------|
| 1 Werner, Steffen | 42 MCM | 2:51.06 |
|-------------------|--------|---------|

Men 40-44 800 SC Meter Free

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|-------------------|--------|----------|
| 1 Werner, Steffen | 42 MCM | 13:24.79 |
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Men 45-49 50 SC Meter Free

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|-------------------|---------|-------|
| 1 Lamar, Thomas | 49 MCM | 31.63 |
| 2 Brosnahan, Mike | 46 SWAC | 33.76 |

Men 45-49 100 SC Meter Free

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|-----------------|--------|---------|
| 1 Lamar, Thomas | 49 MCM | 1:11.52 |
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Men 45-49 800 SC Meter Free

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| 1 Ridgway, Eric | 48 SWAC | 13:02.71 |
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Men 45-49 100 SC Meter Back

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|---------------|---------|---------|
| 1 Dunn, Scott | 45 SWAC | 1:48.41 |
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Men 45-49 50 SC Meter Breast

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|-------------------|---------|-------|
| 1 Brosnahan, Mike | 46 SWAC | 44.55 |
|-------------------|---------|-------|

Men 45-49 100 SC Meter Breast

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|-----------------|---------|-------------|
| 1 Ridgway, Eric | 48 SWAC | 1:30.81 |
| 2 Dunn, Scott | 45 SWAC | 1:47.11 (U) |

Men 45-49 200 SC Meter Breast

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|-----------------|---------|---------|
| 1 Ridgway, Eric | 48 SWAC | 3:16.19 |
|-----------------|---------|---------|

Men 45-49 50 SC Meter Fly

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|-----------------|--------|-------|
| 1 Lamar, Thomas | 49 MCM | 35.91 |
|-----------------|--------|-------|

Men 45-49 200 SC Meter Fly

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|-----------------|---------|---------|
| 1 Ridgway, Eric | 48 SWAC | 3:51.07 |
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Men 45-49 100 SC Meter IM

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| 1 Lamar, Thomas | 49 MCM | 1:21.57 |
| 2 Brosnahan, Mike | 46 SWAC | 1:28.39 |
| 3 Dunn, Scott | 45 SWAC | 1:35.84 (U) |

Men 45-49 200 SC Meter IM

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|-----------------|---------|---------|
| 1 Ridgway, Eric | 48 SWAC | 3:01.34 |
| 2 Dunn, Scott | 45 SWAC | 3:37.80 |

Men 50-54 200 SC Meter Free

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| 1 Zuberbuhler, Jim | 51 SWAC | 3:01.49 |
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Men 50-54 800 SC Meter Free

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| 1 Zuberbuhler, Jim | 51 SWAC | 13:34.97 |
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Men 55-59 100 SC Meter Free

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| 1 McGeehan, Steve | 55 MCM | 1:26.47 |
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Men 55-59 200 SC Meter Free

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| 1 McGeehan, Steve | 55 MCM | 3:10.81 |
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Men 55-59 200 SC Meter Back

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|----------------|--------|---------|
| 1 Henager, Bob | 59 UNA | 4:14.88 |
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Men 55-59 50 SC Meter Breast

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|----------------|--------|-------|
| 1 Henager, Bob | 59 UNA | 44.76 |
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Men 55-59 100 SC Meter Breast

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|----------------|--------|---------|
| 1 Henager, Bob | 59 UNA | 1:47.83 |
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Men 55-59 200 SC Meter Breast

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|----------------|--------|---------|
| 1 Henager, Bob | 59 UNA | 4:05.59 |
|----------------|--------|---------|

Men 55-59 100 SC Meter Fly

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|-------------------|--------|---------|
| 1 McGeehan, Steve | 55 MCM | 1:52.01 |
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Men 80-84 50 SC Meter Free

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| 1 Bresko, William | 81 FAF | 58.07 |
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Men 80-84 50 SC Meter Back

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| 1 Bresko, William | 81 FAF | 1:36.36 |
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Men 80-84 50 SC Meter Breast

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|-------------------|--------|---------|
| 1 Bresko, William | 81 FAF | 1:12.61 |
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Men 80-84 50 SC Meter Fly

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| 1 Bresko, William | 81 FAF | 1:29.66 (I) |
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Men 80-84 100 SC Meter IM

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|-------------------|--------|---------|
| 1 Bresko, William | 81 FAF | 3:01.20 |
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Men 85-89 50 SC Meter Free

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| 1 Rangell, Lupercio | 85 UNA | 1:07.67 |
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Men 85-89 50 SC Meter Breast

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|---------------------|--------|---------|
| 1 Rangell, Lupercio | 85 UNA | 1:07.63 |
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Women 200-239 200 SC Meter Medley Relay

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|-------------------|--------------------|-------------|
| 1 LCM | A | 3:14.31 (U) |
| Adams, Mary 54 | Bell, TinaMarie 44 | |
| Clutter, Cindy 49 | Hair, Margaret 54 | |

Men 160-199 200 SC Meter Free Relay

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|---------------------|------------------|---------|
| 1 MCM | A | 2:11.76 |
| Werner, Steffen 42 | Wilder, David 38 | |
| McGeehan, Steve 55 | Lamar, Thomas 49 | |
| --- SWAC | A | DQ |
| Brosnahan, Mike 46 | Dunn, Scott 45 | |
| Zuberbuhler, Jim 51 | Adams, James 32 | |

Men 160-199 200 SC Meter Medley Relay

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|--------------------|------------------|---------|
| 1 MCM | A | 2:50.76 |
| Werner, Steffen 42 | Lamar, Thomas 49 | |
| McGeehan, Steve 55 | Wilder, David 38 | |

Mixed 160-199 200 SC Meter Free Relay

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|---------------------|----------------------|-------------|
| 1 MCM | A | 2:12.16 |
| Werner, Steffen 42 | Torok, Lauren 44 | |
| Wilder, David 38 | Buehler, Paige 41 | |
| 2 SWAC | A | 2:30.77 (U) |
| Dunn, Scott 45 | McClelland, Karen 42 | |
| Speakman, Brenda 40 | Zuberbuhler, Jim 51 | |

Mixed 160-199 200 SC Meter Medley Relay

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| 1 SWAC | B | 2:58.62 (U) |
| Dunn, Scott 45 | Helm, Robin 53 | |
| Ridgway, Eric 48 | Nelsen, Meleah 35 | |

Mixed 200-239 200 SC Meter Medley Relay

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| 1 MCM | A | 2:46.56 |
| Torok, Lauren 44 | Bell, Deborah 57 | |
| Lamar, Thomas 49 | McGeehan, Steve 55 | |

(I) Inland Northwest Record

(Z) Zone Record

(U) Unofficial Record